

SLIP, TRIP AND FALL HAZARD CHECKLIST

What's causing slips, trips and falls at your workplace? During your next walkthrough, use this checklist from the Centers for Disease Control and Prevention and the National Institute for Occupational Safety and Health, to document any risks. Then, contact your Amerisure risk management consultant for prevention strategies and additional risk assessment information.

INDOOR WALKING AND WORKING SURFACES

- YES NO ▶ Do tiles, linoleum or other flooring have holes, cracks or bumps?
- YES NO ▶ Is carpeting buckled, loose, or frayed?
- YES NO ▶ Are carpet edges curled up?
- YES NO ▶ Does the floor feel greasy or slippery?
- YES NO ▶ Are liquid contaminants present (water, grease, oil, cleaning solutions, coffee, body fluids)?
- YES NO ▶ Are dry contaminants present (powder, sawdust, dirt, flour, food, wax chips)?
- YES NO ▶ Are there sudden changes in indoor floor elevation less than 1/4-inch?
- YES NO ▶ Are there metal grates or mesh flooring in the walkway?
- YES NO ▶ Are water-absorbent walk-off mats used in entrances?
- YES NO ▶ Are slip-resistant mats used in wet areas?

OUTDOOR WALKING AND WORKING SURFACES

- YES NO ▶ Are there gaps, cracks or holes in the outdoor walkway less than 1/2-inch?
- YES NO ▶ Are there metal grates or mesh flooring in the walkway?
- YES NO ▶ Is there debris (pebbles, rocks, leaves, grass clippings) on the walkway?
- YES NO ▶ Are there any slippery conditions present (water, grease, ice, snow)?
- YES NO ▶ Are concrete wheel stops in the parking areas highlighted with paint?

PIPES AND DRAINS

- YES NO ▶ Are drains clogged or filled with debris?
- YES NO ▶ Are pipes splashing water onto a walking surface?
- YES NO ▶ Are outside drain pipes or down spouts spilling water on walkways?
- YES NO ▶ Are pipes properly aligned with drains inside and outside of the building?

WEATHER CONDITIONS: ICE AND SNOW

- YES NO ▶ Are bins containing ice melting chemicals and scoops provided at areas of heavy pedestrian traffic?
- YES NO ▶ Are ice-melting chemicals swept up once walkways are dry?
- YES NO ▶ Is snow removal appropriately scheduled?

STAIRS AND HANDRAILS

- YES NO ▶ Are all handrails 34 to 38 inches from the floor?
- YES NO ▶ Are handrails provided on slopes, ramps and stairs?
- YES NO ▶ Do handrails extend at least as far as the last step?
- YES NO ▶ Are handrails provided at steps (employee shuttle bus stop, entrances, conference and training rooms)?
- YES NO ▶ Are the edges / noses of each step painted or marked?
- YES NO ▶ Are stairway risers and steps all of uniform size?

TRIPPING HAZARDS

- YES NO ▶ Are cords bundled using a cord organizer?
- YES NO ▶ Are cords on the floor covered with a beveled protective cover or tape?
- YES NO ▶ Are cords mounted under the desk or on equipment?
- YES NO ▶ Are hallways, stairs and walkways clear of clutter (boxes, cords, equipment)?

MATS

- YES NO ▶ Do mats have abrupt squared-off edges, lacking a bevel?
- YES NO ▶ Are mat edges curled up or flipped over?
- YES NO ▶ Do mats slide around on the floor?

SLIP-RESISTANT SHOES

- YES NO ▶ Are employees wearing slip-resistant shoes (safety shoe marketed as slip resistant)?
- YES NO ▶ Do shoe soles have worn-down tread?
- YES NO ▶ Is the shoe sole tread clogged with dirt, food, debris or snow?

VISUAL CUES

- YES NO ▶ Are changes in walkway elevation highlighted?
- YES NO ▶ Are curbs highlighted?
- YES NO ▶ Are highly visible wet floor signs available and used correctly?
- YES NO ▶ Are barriers available and used to prevent access into wet or dangerous areas?
- YES NO ▶ Are wet floor signs removed promptly once floor is dry / clean?

For more safety information, resources and a customized risk assessment, contact your local risk management consultant at 800-257-1900 or riskmanagement@amerisure.com.



Source: <https://www.cdc.gov/niosh/docs/2011-123/pdfs/2011-123.pdf>