

The Centers for Disease Control and Prevention has offered the following tips to consider while preparing for hurricane season during the COVID-19 pandemic:

- ▶ Understand your planning may be different this year because of the need to protect yourself and others from COVID-19.
- ▶ Give yourself more time than usual to [prepare your emergency food, water, and medicine supplies](#). Home delivery is the safest choice for buying disaster supplies; however, that may not be an option for everyone. If in-person shopping is your only choice, take steps to [protect your and others' health when running essential errands](#).
- ▶ Protect yourself and others when filling prescriptions by limiting in-person visits to the pharmacy. Sign up for mail-order delivery or call in your prescription ahead of time and use drive-through windows or curbside pickup, if available.
- ▶ Pay attention to local guidance about updated plans for evacuations and shelters, including [potential shelters for your pets](#).
- ▶ If you need to evacuate, prepare a “go kit” with [personal items](#) you cannot be without during an emergency. Include items that can help protect you and others from COVID-19, such as hand sanitizer, or bar or liquid soap if not available, and two cloth face coverings for each person. Face covers should not be used by children under the age of 2. They also should not be used by people who have trouble breathing, or who are unconscious, incapacitated, or unable to remove the mask without assistance.
- ▶ When you check on neighbors and friends, be sure to follow [social distancing](#) recommendations (staying at least 6 feet, about 2 arms' length, from others) and [other CDC recommendations](#) to protect yourself and others.
- ▶ If you need to go to a disaster shelter, follow CDC recommendations for staying safe and healthy in a [public disaster shelter](#) during the COVID-19 pandemic.

*This document is for general information only and is not intended to provide, and should not be relied upon for, medical or other advice in any particular circumstance or fact situation.*

Source:  
The Centers for Disease Control and Prevention  
<https://www.cdc.gov/disasters/hurricanes/covid-19/prepare-for-hurricane.html>

